



Tuesday
June 04, 2024

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



National Indigenous History **Month**

#NIHM2024



I think the students below are totally awesome.

Culture Club knows that you all have been doing some great things, such as supporting peers and staff, returning lost/found items to the office, and just being really kind and caring people.

Grand Prize

Emily P.
Graydon P.
Natania W.
Elliott G.
Kieren K.
Oscar A.
Ryan Cook
Simone P.
Ella R.
Owen S.

Regular Prize

Angela W.
Brayden A.
Leadon L.
Jeremy Z.
Ramtin R.
Gabby R.
Ruby G.
Ali A.

See Mr. Moretti in Room 311 or Room 316 or Science Office to pick up your prizes.



CLC11 MEETING TIMES

- BALDUS- Wednesday, May 29th, Flex, in room 315
 - CAMPBELL- Wednesday, May 29th, Flex in room 215
 - DURAND-watch for an email with your next meeting time
 - GAY- Wednesday, May 29th, Flex room 103(choir/guitar)
 - JARVIS/SALOUSTROS Wednesday, June 5th, Flex in the Theatre
 - LEE- watch for an email with your next meeting time
 - PAISLEY- Wednesday, May 29th, Flex in room 232
 - ROSS-watch for an email with your next meeting time
 - TING- Wednesday, May 29th, Flex in room 214
 - WOOD- Please make sure to schedule your one-on-one Capstone meeting
-
- ****Please email your teachers if you**
 - **have any conflicts or questions**



VOLUNTEERS NEEDED!

Unified Track and Field Volunteer
Sign-up

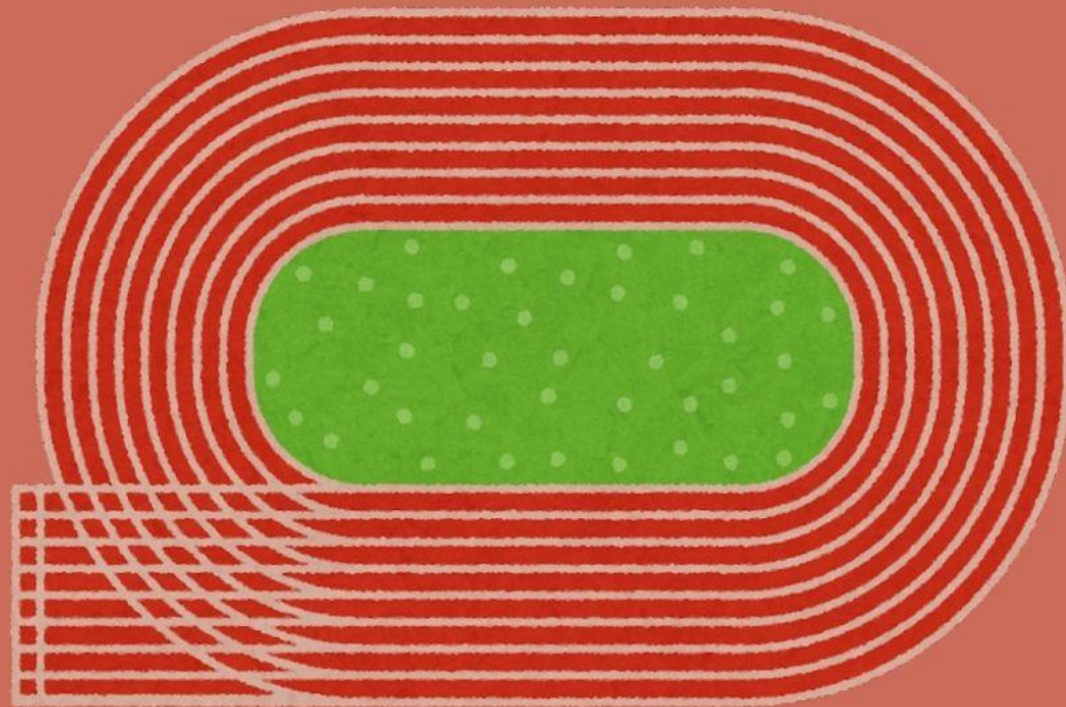


**Unified Track and Field
needs volunteers for June
5th.**

**Scan the QR code to
volunteer!**

**Contact Alessia Pereyra, Abby Mallow, Kara
Deane or Sanah Singh for more info!**

**The field will be closed on June 5th for
Unified Track and Field
Come Support your fellow Kodiaks!**



CLUBS



Volunteer Opportunity!

Athletic's Banquet Volunteering

HWSS Event Council



Date: June 13th

Time: 3:30pm - 8:30pm (2 shifts,
set up and actual event/clean-up)

Location: HWSS Grand Hall



LIMITED SPOTS! SCAN TO SIGN UP!

TEAMS CODE: XYNTXIT

**WIN CANDY
& CHIPS!**



PRIDE 
MONTH BINGO

WEDNESDAY, JUNE 5TH & 12TH
ROOM 311 AT LUNCH

BROUGHT TO YOU BY KODIAK PRIDE

PICK UP YOUR HOURS

Come pick up your signed volunteer hours you dropped off.



If you have more hours that need to be signed, please come and drop them off again.

DATE Friday May 31 2024

TIME Lunch 12:13 - 12:53

LOCATION Room 233

DATE Wednesday Jun. 12 2024

TIME Lunch 12:13 - 12:53

LOCATION Room 233

KODIAK ATHLETICS





Athletic Banquet

If you have paid for an Athletic Banquet Ticket, please pick-up your ticket on the following dates in the **gym at lunch**:

- **Friday May 31st**
- **Thursday June 6th**
- **Friday June 7th**

Ticket pick-up will be organized by grade.

You will need your ticket to attend!

CAREER CENTER



Moresports Youth Leadership Opportunities

- Moresports will be at HWSS on:
- Friday June 7th
- At lunch in Grand Hall
- Come and find out more about becoming a volunteer and their Youth Leadership program
- <https://moresports.org/youth-leadership/>



Join the **Moresports BC Youth Leadership Team**

Do you like sports, recreation, events or kids?

Want meaningful volunteer opportunities that train you & help build skills for future employment?

Train to be a Moresports BC Youth Leader and be a "Key Player" to help kids have fun at After School Programs, Summer/Spring Break Camps, Pro D camps.

Training will be provided (on-line and in person) We offer certificates!

Learn to Mentor and Coach – Leadership skills to last a lifetime

- Fun and Games – Coaching tips and tricks
- HIGH FIVE - s Canada's quality standard for recreation and leisure programs
- CAN – Canucks Autism Network Training – Increasing Positive Behaviours
- NCCP – Physical Literacy
- First Aid/Babysitters First Aid
- Resume, Interview Workshops
- Event Planning
- Female Strong – Diversity and Inclusion Series – APRIL
- SuperHost – Customer Service
- Lesson Planning – Creating & Leading activities
- Share your expertise on a Sport with our KAHOOT

If you are **11 to 18** you can be a youth leader. (Jr 11-14) (14-18 Sr)
Join anytime from Grade 6 to Graduation

Sign up for Volunteer Training and become a Mentor in your Community
<https://forms.gle/kGDruPqWYq9JQ2K99>

WHAT'S in it FOR YOU? You learn new skills and get volunteer experience.

Most of our training costs are FREE. Join anytime - each month has different training options. You decide which ones fit into your schedule - but we also have some components on-line for you to complete when you can!

Moresports Youth Leaders come from diverse backgrounds and/or sport experience, but they all share a passion for working with and helping kids. Mentorship is a win-win and through Moresports, our leaders not only become key role models in their community, they inspire new ones!

INCLUDE ALWAYS WITH PARTNERS IN NEIGHBOURHOODS

SD43@Moresports.org

Moresports.Org